

# ZCO / DANCEPROJECT'S DANCE WORKSHOP SUMMER 2022

## MISSION

*Our mission is to provide dance to children with disabilities through Zoom and hybrid learning. In these uncertain times, we hope to bring joy to a child's day through dance.*

## COVID HYBRID LEARNING-LOCATION TBD

*ZCO/DANCEPROJECT will continue to operate in accordance with guidance and recommendations issued by the CDC and the NYC Department of Health.*

## HOW TO ACCESS ONLINE CLASSES

- Participation in our online classes requires a device that has a camera and speaker
- Choose from one of our Online Class Programs below, and click on the registration button for the class you wish to attend
- **IMPORTANT: Attendees should complete registration no later than 30 minutes before class begins**
- Once you complete registration, you will receive a confirmation
- Please join the Zoom link at least 5 minutes before class to allow time for you to set up your camera
- You're ready to go!



## WHAT TO EXPECT ZCOADAPTIVE DANCE CLASS—AGES 5-18

**ZCODP** adaptive dance has young dancers with physical or cognitive needs explore and experience the joys of movement, dance, and music in a positive, supportive, and creative atmosphere; regardless of experience and/or abilities. **ZCODP** classes will offer important benefits that include improvements in coordination, body awareness, overall fitness, self-esteem, balance, self-expression, teamwork, rhythm, and musicality.

### Creative Movement

This class targets creative movement technique and poise. We focus on the core concepts of dance in a fun lighthearted atmosphere. We will also take time to explore movement through music, develop physical skills and stimulate creativity and imagination during Creative Movement.

Classes are Saturdays 11AM-3PM July 9-August 13

*Private classes are available upon request*

## REGISTRATION BEGINS IN APRIL

FOR MORE INFORMATION PLEASE CALL 917-257-8588

OR EMAIL [ZCODANCEPROJECT1@GMAIL.COM](mailto:ZCODANCEPROJECT1@GMAIL.COM)

